

Join Lindsey Oliver for YOGA BLISS



If you seek peace,
be still.

If you seek wisdom,
be silent.

If you seek love,
be yourself.

Becca Lee

Monday August 13th, 20th & 27th

5:30 ~ 6:30 pm

in the Library Community Room

Free to anyone over 18 years of age, space is limited so
Call 931.484.6790 ext 235 to reserve your space

Lindsey is a certified Yoga instructor who has been practicing yoga for the last 10 years, she will share with you how you can feel refreshed, stronger & have greater clarity.