



Understanding Grief.

You're not alone. Grieving the loss of a loved one is natural. Learning the stages of grief can help you and those you love.

Presented by Cumberland County Hospice


Guest Speaker: Don Hassler with Cumberland Medical Center

When: Friday, August 31

At: 11:00 a.m.

Where: Art Circle Public Library

Lunch will be provided for those who RSVP to 459-4262.



*Art Circle Public Library - 3 East Street - Crossville Tennessee, 38555
(931) 484-6790 ~ www.artcirclelibrary.info*