

Kristine L Soly, MD, FACC
Holistic Cardiology Learning Center
“Vital Information for Your Health”

PRESENTS A **FREE** HEALTH SEMINAR

Saturday, October 21st, 2 PM

Heartburn & GERD
Stomach Acid – Friend or Foe?

Anyone who has ever had heartburn knows the agony that accompanies that condition. And those who have been diagnosed with GastroEsophageal Reflux Disease (GERD) would give almost anything to get some relief. Now, there’s no doubt that acid blockers and acid neutralizers do just that. But, the question that no one seems to be addressing is whether this reduction of stomach acid comes at a significant price health-wise. Come learn about why stomach acid is good for you and how you can get relief from heartburn and GERD naturally and safely without the consequences that come with reducing or eliminating stomach acid.

You’ll learn about the latest and most effective prevention and treatment modalities in a Free Seminar conducted by **Holistic Cardiologist, Kristine L. Soly, MD, FACC, Director of the Learning Center.** The Seminars are presented in a down-to-earth manner, and are designed to help the general public and health professionals learn how a strong Doctor-Patient Relationship and the use of Diet, Exercise, Stress Management, Vitamin and Herbal Supplements, and other Holistic modalities can support the prevention, treatment and reversal of all Cardiovascular Diseases as well as many other chronic and preventable medical conditions.

Seminar Location: Art Circle Public Library
Cumberland Meeting Room
3 East Street, Crossville, TN 38555

These programs are offered free of charge.

Reservations are required – (931) 456-5900

See us online at www.drsooly.com